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# ABOUT CONNECTMYHEALTH

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WINDSOR-ESSEX ONTARIO HEALTH TEAM



*The Windsor-Essex Ontario Health Team is supported by funding from the Government of Ontario.*

# About ConnectMyHealth

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*Use ConnectMyHealth to view your health records, and truly empower your health journey.*

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ConnectMyHealth is a digital health solution that provides you with an online, single access channel to view your health records from participating hospitals in [Ontario Health West Region](#) (Southwestern Ontario). ConnectMyHealth can be used on desktop and mobile devices from within Canada, and there's no cost to use it. ConnectMyHealth is a web-based tool, so there is no app to download to access your account on an ongoing basis. For added security, an Authenticator app (i.e. Google Authenticator, Twilio Authy, FreeOTP) is required to support your Two-Step (Multi-Factor) Authentication during each login to ConnectMyHealth and instructions are provided of how to complete this free, one-time download.

ConnectMyHealth is operated by the [HITS eHealth Office at Hamilton Health Sciences](#), is funded by Ontario Health, and is being made available to patients in [Ontario Health West Region](#) in collaboration with local Ontario Health Teams. The HITS eHealth Office operates the ConnectMyHealth Program Office.

ConnectMyHealth is different than other patient portals because it combines various types of health records created at hospitals you've been to in the Ontario Health West Region into one, consolidated view. Additional data sources, like community-based laboratories and radiology clinics, are expected to be added in the near future. ConnectMyHealth can be an ideal complement to in-person or virtual visits with your care providers by providing you easy access to your hospital records, and to additional functionality you may have through your local hospital, like appointment scheduling.

Other key features of ConnectMyHealth include:

- **New Results Alerts:** Subscribe to be notified by email when you've got new results available to view in ConnectMyHealth from select hospitals in Ontario Health West Region. Your New Results page displays first when you log in, for quick and easy viewing;
- **Patient Dashboard:** Customize your patient dashboard view by organizing the types of health records (modules) that are most important to you; and,
- **Patient Visits Timeline:** View your upcoming scheduled hospital appointments, where available.

Functionality to 'share your records' with your family and care partners who are also ConnectMyHealth users is expected to be added in the near future.

## Who Can Register for ConnectMyHealth?

Individuals who are 16 years of age or older who have health records at hospitals in [Ontario Health's West Region](#) can register for a ConnectMyHealth account. You must have a valid (not expired) Ontario Health Card, a unique (not shared with anyone else) email address, and [acceptable identity documentation](#) to register for an account.

Parents, Legal Guardians and Legal Representatives of individuals who are unable to access, manage and control their own ConnectMyHealth account will be able to register for Proxy Access; information will be made available on this website about the Proxy Access Request process. Until then, Parents, Legal Guardians and Legal Representatives who wish to access another individual's personal health information may continue to do so via other means, including contacting the healthcare facility that created the health record.

## What Data Can I See in ConnectMyHealth?

The screenshot displays the ConnectMyHealth interface for a patient named GROUCHO MARX. The interface includes a navigation menu on the left with categories like Admissions, Allergies, Blood Products & Tests, Cardiology, Clinical Reports, Diagnostic Imaging, Lab Results, Medications, Microbiology, My Dashboard, New Results, Pathology/Genetics, and Visits. The main area shows a 'New Results' table with columns for Date, Description, Info, Status, Physician, Result Type, Facility, and Source. The table lists several results, including Chest 2 Views, MAGNESIUM, ALBUMIN, ELECTROLYTES, COVID-19 PCR, APPENDIX, Abdomen 1V, Chest 1 View, and UIS ABDOMEN. Callout boxes highlight various features: 'Records grouped by category' (pointing to the left menu), 'View scheduled hospital Visits' (pointing to the top navigation bar), 'Subscribe to be notified of new results' (pointing to the 'Not Subscribed' button), 'View Diagnostic Images' (pointing to the 'View' icon in the table), 'Sort and filter how records display' (pointing to the table headers), 'Access records from various sources in one view' (pointing to the 'Source' column), and 'Print your records' (pointing to the 'Print' icon in the table).

Date	Description	Info	Status	Physician	Result Type	Facility	Source
Mar 22 2022 11:29 AM	Chest 2 Views		Signed	Hussain, Nabil MD	Diagnostic Imaging	Brantford General Hospital	Brant Community Healthcare
Mar 21 2022 09:14 AM	MAGNESIUM		COMP	Booth, John Donovan	Lab	General	Hamilton Area Hospitals
Mar 21 2022 09:14 AM	ALBUMIN	Abnormal	COMP	Booth, John Donovan	Lab	General	Hamilton Area Hospitals
Mar 21 2022 09:14 AM	ELECTROLYTES	Abnormal	COMP	Booth, John Donovan	Lab	General	Hamilton Area Hospitals
Mar 21 2022 09:14 AM	COVID-19 PCR	COVID-19 RNA: POSITIVE	COMP	Booth, John Donovan	Microbiology	GENERAL	Hamilton Area Hospitals
Mar 18 2022 09:10 AM	APPENDIX		Signed Out	Cran, Marzena	Pathology/Genetics	GENERAL	Hamilton Area Hospitals
Mar 18 2022 08:57 AM	Abdomen 1V		Signed	Europe, Dornalee	Diagnostic Imaging	General	Hamilton Area Hospitals
Mar 18 2022 08:57 AM	Chest 1 View		Signed	Europe, Dornalee	Diagnostic Imaging	General	Hamilton Area Hospitals
Mar 18 2022 08:57 AM	UIS ABDOMEN		Signed	Europe, Dornalee	Diagnostic Imaging	General	Hamilton Area Hospitals

*The image above is a test patient's record*

ConnectMyHealth pulls data, in real-time, from participating hospitals. The information on the following pages summarizes what types of health records may be available to ConnectMyHealth users.

## Summary of Data Availability for Health Records

<b>Diagnostic imaging reports and images</b>	A listing of your radiology reports and images. Reports that have corresponding image available for viewing will display a camera icon, which you can click to see.
<b>Cardiology reports and images</b>	A listing of your cardiology reports and available images from select hospitals. You may also see these types of cardiology reports and images in the Diagnostic Imaging section. Reports that have a corresponding image available for viewing will display a camera icon which you can click to see.
<b>Laboratory results</b>	A listing of your laboratory results for tests performed in a hospital.
<b>Microbiology results</b>	<p>A listing of your lab results for tests associated with the investigation of organisms, such as bacteria and viruses, including COVID-19 results when performed in a hospital.</p> <p>Note: COVID-19 test results by Public Health that are not entered into a hospital's information system are not currently available within this portal. To obtain your test results by Public Health, please visit the Ontario Government website.</p>
<b>Clinical reports</b>	Currently, patients can view their Discharge Summaries from previous hospital visits that were completed after October 1, 2018.
<b>Medications prescribed during hospital visits</b>	A list of medications that may have been ordered or administered to you during your hospital stay.
<b>Blood bank products and tests</b>	A listing of blood products that were ordered for you or that you received from your available hospital visits. This section also lists the tests that relate to your blood type and any antibody screening results.
<b>Pathology and genetics reports</b>	A list of reports related to the examination of cells and tissues, such as a tissue biopsy, and may be related to other health investigations.
<b>Hospital visits</b>	A listing of your hospital visits (historical and future), which can include inpatient admissions, outpatient visits, emergency room

visits, and select hospital-based urgent care visits will be displayed in chronological order, and corresponds to your Visit Timeline at the top of your screen in ConnectMyHealth.

**Allergies**

A listing of your allergies and adverse reactions documented by your healthcare team from your past hospital visits. These may include allergies to medications, food, or the environment, and may also list any adverse reactions you may have had in the past.

The following information is restricted, and not available in ConnectMyHealth, for all users:

- HLA tissue typing;
- Forensic reports;
- Autopsy; and,
- Toxicology (relating to autopsy).

Health records from your Primary Care Provider (i.e. Family Physician) are not viewable in ConnectMyHealth.