



HEALTHY BABIES HEALTHY CHILDREN

We're here to help!

519-258-2146 ext. 1350
Monday to Friday
8:30 a.m. to 4:30 p.m.



wechu.org



*Scan this code to
learn more about
our programs.*

The Healthy Babies
Healthy Children (HBHC)
is a free, voluntary
home visiting program.
We support pregnant
mothers and families with
children from birth until
entry to school.

*Some of the topics we
support are:*

Infant Feeding and
Introduction of Solids

Growth and Development

Newborn Care

Prenatal Support

Parenting Support

Mental Health Support

Access to Community
Resources