

# BANA & EDAW 2024

During the week of #EDAW2024, the team at BANA and our community partners will be active at various locations within Windsor-Essex to help spread awareness, educate the public and inspire others to act in supporting those impacted by eating disorders.

Visit us at locations on campus at the University of Windsor, St. Clair College and at Devonshire Mall.



## Weekly PLANNER FEBRUARY 1-7 Eating Disorder Awareness Week (EDAW)

### Thursday 1st

Happy EDAW 2024!  
Join our IG Live at 9am to learn more

BANA Booth  
Location: University of Windsor Campus

- Leddy Library 10am-12noon
- CAW Student Centre 12 noon-2pm

### Friday 2nd

Virtual **Windsor-Essex Intensive Outpatient Program for Eating Disorders** tour!

Join us on Facebook and Instagram for a look at our space and answer some FAQs!

### Saturday 3rd

Visit one of the many Landmark Lightings!

- City Hall



- Hanna Water Tower



- St. Clair College Centre for the Arts carport



### Sunday 4th

lululemon Ambassador Ally MacDonald will be leading Sunday Morning Yoga 9am in front of lululemon at Devonshire Mall

\*don't forget your yoga mat, Saje Wellness will be there with special offers



### Monday 5th

Come visit our BANA Health Educators and St. Clair College Student Ambassadors!

South Campus (main building), 10am-1pm

### Tuesday 6th

Visit BANA back at the Department of Kinesiology.

- 10am-12noon Department of Kinesiology
- 1pm-3pm Toldo Lancer Centre

### Wednesday 7th

It's the end of EDAW 2024!

Don't forget to share a photo wearing something **purple**.  
#showusyourpurple

### Important Notes, Events or Meetings:

- Get tickets to Auntie Aido's Kitchen "Mobility and Mochas" all-levels mobility class fundraiser in support of BANA! Sunday, February 18th, 10am and 11:30am, tickets available at [auntieaidoskitchen.com](http://auntieaidoskitchen.com) or [monsterastrength.com](http://monsterastrength.com)
- Visit @banawindsor to enter the EDAW giveaway! Thank-you to those participating businesses:



- #showusyourpurple on Instagram and Facebook